Press Release Media Contact: volunteers@CHARISMAfoundation.org

Target audience: every consumer, who is concerned about their grandchildren's infertility, forecasted by 60+ studies to onset by 2045 globally, making it the TOP PRIORITY for NO BUSINESS AS USUAL for everyone, due to limited time prevention opportunity to fight zombilization of Sensory Complicity with emotionally resonant music/Arts modalities



RED ALERT FOR UNDER-PUBLICIZED ELUSIVE ENVIRONMENTAL THREAT: Urgent new priorities of NO BUSINESS AS USUAL for COUNTDOWN'2045:

Prevention of Global Zero Fertility Crisis (= HUMAN Extinction), forecasted by 2045, by Global Detox & by addressing its ROOT CAUSE - SENSORY OBLIVION TO TOXICITY, as most urgent multidisciplinary implication, reflected through framing of Bach Sensory Deactivation Effect (Watch video presentation by Rozalina Gutman for Research Commission @ 35th World Conference of ISME (under auspices of UNESCO) & SHARE! https://youtu.be/cxJTlaJSs2Q)



Observational Study by Rozalina Gutman revealed **tangible evidence of otherwise elusive** *Bach Sensory Deactivation Effect,* along with **the tangible HOPE** inspired by urgent 300 y.o. multidisciplinary lessons from
Bach to neuroscientists on harnessing Music Instinct, for breaking paralysis
around **fast approaching, yet unrecognized (and under-publicized) onset**



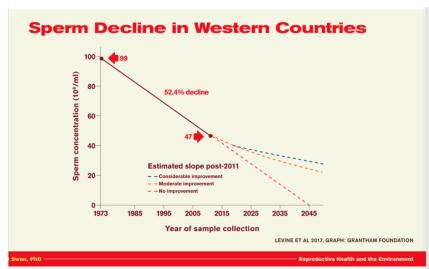
of HUMAN EXTINCTION (according to 60+ global fertility studies reviewed by Dr. Shanna Swan, PhD (author of "Count down"). The discovery provided framing for grasping sociosomatic ROOT CAUSE of crisis - SHUT DOWN PAIN ALARM that no longer informs

self-preservation instinct.

And that permits SENSORY COMPLICITY TO CHEMICAL HAZARDS,

currently present in many of consumer products (esp. in US), due to irrelevant health/safety standards. And as the direct result, sperm counts plummet currently at the rapid rate of 1%/year, caused by cumulative effect of normalized and permitted to surround us everywhere hazardous chemicals, forecasted to reach ZERO = Global Infertility by 2045, as the result of this yet to be recognized omnipresent multigenerational zombilization trend.

Additionally to infertility, variety of other ENVIRONMENTAL ILLNESSES had been



increasing too, while medical industry cruelly FAILED TO LABEL them as such, despite the rising need to stop the despair. For example, 1 out of every 40 children in California is suffering from autism... Every 2nd man and every 3rd woman is to be knocked down by cancer during this decade... The absence of "environmental illness" term in diagnosis references to various incurable illnesses propelled cruel normalization and spread of this horror in our society, making the public forget of the urgency for the relevant standards to prevent these man-made health calamities that victimize unsuspecting individuals with anguish of pain and losses of many (too many!) precious lives.

However, while US Law has been disabled by political campaign contributions bribery to prosecute notorious CORPORATE PROFITEERS from environmental illness, and those, who create obstacles and fail to stop them,

despite their duties, (as detailed in STINK! documentary[available on YouTube]), INT'L TRIBUNAL COURT IN HAGUE, HOLLAND has jurisdiction to extradite from any country those, who commit crimes against humanity, allowing true INTELLECTUAL LEADERSHIP to rise up to shield spiraling out of control catastrophe (as captured by visionary evident documentary STINK!

This discovery needs to be made well known among the Public to help realize the fact that majority no longer feel pain-warnings for surrounding

them toxic dangers. (Compare it to the pain-alarm from accidental burn of the skin that makes us pull away from heat rapidly and instinctively.) Due to unconscious nature, the question "WHY doesn't our self-preservation instinct protect us from similar danger of chemical toxicity?" has not been merely asked by brain sciences, until above reflection of similar collectively practiced blind spot through music of J.S.Bach. During childhood most of us inherited multigenerational conditioning to shut down pain-alarms toward chemical hazards, by internalizing surrounding parents' example of normalizing it, by enacting "toughen up", "real boys don't cry" etc. mottos, fearing to be shamed for invalidated



complaints. Thus above data calls for society wide SOBRIETY to shocking truth: toxicity impact isn't cancelled by multigenerational repression of pain warnings...



This recognition of the fact that we can not continue to rely upon **DEACTIVATED SENSORY CAPACITIES TO INFORM OUR SELF-PRESERVATION INSTINCT** means, that at least now **NEW PRIORITIES** have to be set and mandated **consciously for majority of people** - based on THE

URGENT and SOBERING DATA from the above research. The current paralysis of timely strategies

must be broken with no more delay, in order to assure survival of the humankind. And to succeed,

society-wide **SELF COMPASSION-based awareness of THE TOP RED ALERT for NO BUSINESS AS USUAL should include**:

- creation of global agency to monitor COMPLIANCE WITH BRAIN/MUSIC RESEARCH, and to assure adequate funding for teaching artists to provide music/Arts-based Sensory Reawakening for ALL, due to essential necessity
- creation of GLOBAL THINK TANK for developing awareness & global strategy to navigate during pivotal moment in human history of COUNTDOWN'2045, to shift from current fast track to man-made DEvolutionary self-demise
- most URGENT creation of NEW RELEVANT HEALTH/SAFETY STANDARDS for manufacturing of all man-made
 products and consumer goods, by tapping into relevant experiential feedback from the small percentage of
 population, who are still capable of retaining pain alert signaling system, while feeling hurt and sick from the
 enormity of chemical toxicity, due to their still active sensory capacity. Such consultancy can bring crucial info at
 this urgent juncture for humanity. And the book by Dr. Molot "12,000 canaries can't be wrong" makes it evident
- creation of DIY guides on practical hands-on DETOXING of both personal dwellings, communities, and globally.

The observed sociosomatics for above self defeat patterns have **evolutionary survival adaptation origins in Flocking Instinct:** freedom loving birds gather into flocks for safe migratory flights, shutting down individual freedoms, senses, in order to behave as "nuts and bolts" of collective mechanism of the flock-mind.

This evolutionary ancient instinct to conform to collective mindset had been pressuring humans for a number of generations to *prioritize* fascination with new high tech gadgets/technologies, while shutting down their pain-warning safety-mechanism for detecting toxic non-bio-identical materials, used for their manufacturing, AS IF this may be "secondary" for their own welfare, while



INDISCRIMINATE CUMULATIVE EFFECT of the impact had been increasing from unpredictable results of unannounced experiments on unsuspecting consumers, trusting in responsible agencies to provide logical protections from large scale impacts, due to **irrelevant health/safety standards**. With no more delay public has the right to know of this collectively practiced on the global scale malfunction of the brain among majority of people that

had spread like a social "virus", with the impact that is so similar to the parable in iconic fairytale of Andersen's "Emperor's New Clothes". But, the evidence for similar sensory shutdown, found by Ms. Rozalina Gutman is not fictional, but **real!** Thus, its implications with yielding rare **music-centered solutions** for brain advancement & resilience are effective, thanks to re-establishing lost link to **vibrational nature of our interconnected universe**.

HUMANITY'S HOPE: J.S.BACH'S TOOLS FOR HUMAN BRAIN ADVANCEMENT BEYOND SELF DEFEAT
Fortunately, the tangible HOPE to address this current hopelessness of omnipresent man-made crisis of deepening
self-demise was ushered by yet to be recognized J.S.Bach's effective use of Music Instinct (beyond use for mere
entertainment), as the adequate counterpoint to the above described self-destructive & harmful instinctive power of
evolutionary relics of evolutionary young human brain that mangle in unconscious mind and cause hard to grasp and
sort out cognitive dissonance. And just like his music finally helped reflect/embody elusive, unconscious nature of
ROOT CAUSE of many blinds spots of self defeat, transformative applications, based on Bach's music, composed
with intentional therapeutic uses, are helpful for resonant embodiment of complex polyphonic emotional reality.
And, they can serve as very effective "containers" to nurture on the global scale both (1) personal inner change and
(2) society-wide Sensory Sobriety from institutionalized cognitive dissonance resulting from widespread detachment
from emotional reality, in order to reduce suffering of population and to allow for the birthright for grandchildren of

Notably, Ms.Gutman's presentation of her textbook changing discoveries helps grasping sociosomaics of the

today's adults, that is now in question and depends upon the current adult members of our society.



effective counterpoint to the elusive root cause of human extinction - hard to grasp Sensory Oblivion to chemical toxicity. It was found through the least expected, but effective reflection of its evidence, observed and discovered by Rozalina Gutman - through compilation of recordings of J.S.Bach's music. It reflected similar paradoxical socially influenced localized SENSORY SHUTDOWN among many renown recording artists, who had failed to grasp and to project hard to miss emboldened dissonant sonorities, employed by the composer defiantly, despite his time's ban, in order to create the sense of hilarity with music metaphors. Indiscriminate elusive social influence effected even musicians - the last line of defense from zombilization of the human brain. Even these admired for their gift pianists (& their audiences) acted AS IF they lost their senses of

eyesight and hearing, sadly, due to the pressure from the **false** educational standard to repress their emotions, in order to replicate lacking dynamics harpsichord. And, meanwhile the evidence of Bach's ownership of emerging hammer-clavier "Piano et forte" has been under-publicized by institutions, focused on overseeing Bach's legacy, paradoxically. And as the result, 300+ years after Genius Bach was freed from his FALSE retaliatory imprisonment, his music legacy still remains imprisoned by emotional repression - the cause Genius Bach-neuroscientist fought so defiantly. (See below his autograph with translation.) And most paradoxically, majority of millions of these performers' fans also had been effected by the same blind spots, spreading AS IF it was a social "virus"... And inItially, while being among fans of idolized musicians, Rozalina Gutman also replicated this blind spot, when she was assigned the piece during her youth, at the age of 14, for her college entrance exam that she passed with highest score, as the result of following the above widespread false professional standard, enforced blindly, and most paradoxically. (Her grasp of BSDE sociosomatics came as "silver lining" of trauma, shared by millions of Women's Heart Attack victims.)

Ms. Rozalina Gutman attributes her above average capacity for unique insights in empirical self analysis to her ability to travel to/from conscious/unconscious mind, routinely practiced through teaching practical piano playing skills & designing curricula to master high performance semi-automatic motor skills, allowing for musical multitasking by layering over more advanced intellectual operations of complex nuanced emotional expression, of global compositional structure navigation, of symphonic development etc. thus, revealing uncommon wisdom that distinguishes music educators from the rest of academia. (Her recognized Int'ly method, based on authentic



expression & superb technique led to prodigious student's success.) It allowed her to track similarities of the elusive large scale zombilization, involved in sensory oblivion to chemical toxicity and the sociosomaics of *Bach Sensory Deactivation Effect (BSDE)* that demonstrated the same attributes: embodied through music and otherwise (1)elusive evidence of sociosomatics of (2)collectively practiced (3)blind spot of self-defeat, as (4)the consequence of (5)sensory shutdown, that is (6)socially influenced to conform to collective attitudes. These blind spots result from disruption of essential for integrative mindset inter-hemispheric balance and heart-brain balance (in which heart sends more messages to the brain, unlike previously thought...), due to the lack of Sensory Reawakening through our ancestral gifts of music and arts practices, essential for recalibration of the brain. Analytical/emotional balance in Bach's music can be utilized for brain advancement, confirmed by Dr. Schlaug's MRI study results:

those who started studying music before the age 8, developed 15% larger corpus callosum tissue that connects brain's left/right hemispheres.

Indeed, self-compassion counterpoint of music/Arts-based Sensory Reawakening to caused by Sensory Deactivation inter hemispheric imbalance, is observed to have measurable restorative effect on brain function among millions of afflicted by **Autistic/Asperger spectrum** individuals. And majority of the public with common and normalized lesser dysfunction of inter-hemispheric imbalance, manifesting into widespread **linear**, **oversimplified perception of complex reality**, can expand it into integrative mindset, while having fun with music-based educational modalities. (Visionary brain researcher of our time **Dr**. **Louann Brizendine**, famous for her studies on gender influences on fetus brain, revealed her solution for keeping her brain function at its best - with piano practice.)

Global impact of discovery of this sobering, yet life-saving evidence for the roots of inconvenient truth can be compared to "our planet isn't flat" discovery. However, today any senseless delay of the pressing urgent action, similar to denial of truth inertia, along with senseless cruelty of burning at stake of the messengers of truth and catalysts of change, would come at the cost of millions of people, dying in anguish from STILL PREVENTABLE man-made painful environmental catastrophe. Bitter history lessons from retaliation to change must lead to NO BUSINESS AS USUAL global strategy!

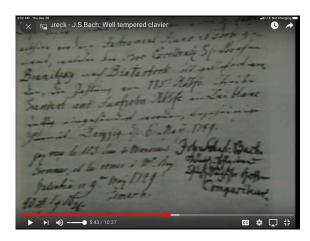
APOLOGY TO J.S.BACH,

TO HUMANITY, AND TO MUSICIANS AND ARTISTES OF ALL TIMES IS MUCH OVERDUE:

The name *Bach Sensory Deactivation Effect (BSDE)* honors

J.S.Bach's ARTivist's rebellion, in defiance of FALSE retaliatory imprisonment, that he couldn't object without legal defense, which he couldn't afford, due to incivility of "Oath to Poverty", senselessly imposed by society both then & NOW upon musicians and artistes. And overdue and now most urgent bitter lessons for generations to come from false persecution of Genius convict/5th Evangelist must be learned finally, to propel shifting trajectory of human brain from DEvolution, critical during COUNTDOWN'2045!

Paradoxically, 300+ years after Timeless Genius J.S.Bach was released from false retaliatory imprisonment, his musical legacy remains in shackles of emotional repression! Help us SHARE our global strive to liberate Bach! And experience the impact of his music on the mind, as intended by the composer.



Here is the above mentioned *written* evidence about J.S.Bach's intentions to create emotionally nuanced music for clavier - the sales receipt, signed by J.S.Bach to verify handled by him transaction of capable of varied dynamics

hammer-action clavier, emerging during his time in Germany, made by clavier maker Silbermann.

It serves as the official permission to enjoy Bach's clavier music to the fullest, absolving of irrelevant requirement to withhold emotions in Bach's clavier music, due to the need to replicate dynamic limitations of harpsichord, simply because it was dominant during composer's time... This most significant evidence about the composer's neuroscientist's mindset, focused on deepening emotional resonance

Daß mir Endes benandten von Herrn Valentin, allhier, vor ein Instrument, Piano et Forte genant, welches an Ihro Excellentz Herrn Grafen Branitzky nach Bialostock soll geliefert werden, die Zahlung von 115:Rthlr...richtig eingehändigt worden, bescheinige hiermit, Leipzig den ⁶. Maij. 1749.

Joh. Sebast. Bach. Königlich Pohlnischer und Churfürstlich Sächsischer Hoff-Compositeur6

(That the undersigned duly received from Mr. Valentin as payment for an instrument, named Piano et Forte, which should be delivered to His Excellency, Count Branitzky in Bialastock, 115 Rheinish taler... is herewith confirmed,

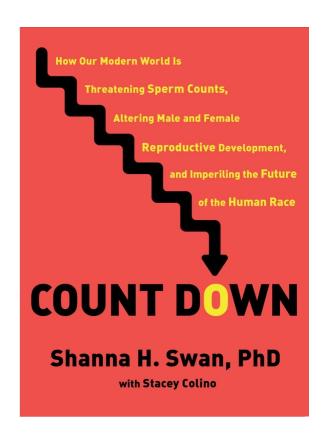
Leipzig, May 6, 1749.

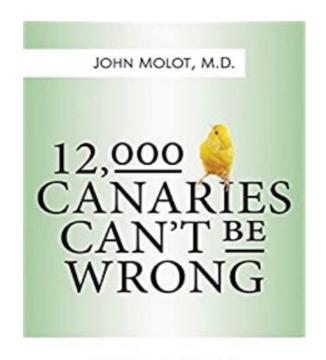
Joh. Sebast. Bach / Royal Polish and Electoral Saxon Court Composer)

of his music should be a part of Preface of his every score, but instead, paradoxically, it had been remaining underpublicized and unknown to majority of musicians.

Translation from German is by musicologist Eva Badura-Skoda of above J.S.Bach's Autographed sales receipt for Piano et forte (in her book "The 18th Century Fortepiano Grand and Its Patrons, from Scarlatti to Beethoven")

Help us spread the important for all musicians and their audiences discoveries - SHARE THEM!





What's making us sick, and what we can do about it





[Credit for above illustrations to Mark Wooding for the interview by Dr. Shanna Swan on her review of 60+ studies (see it on very popular *After Skool YouTube channel* https://youtu.be/Uo-kSxHNSDQ), to late ARTivist Maria Rizzo (Fragrance Free Revolution), and to Duy Huynh]